

Twelve15 – Autumn/Winter Term 2023/24

	Week commencing		MEATFREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	30 th October 20 th November 11 December 15 January 5 th February 4 th March 25 th March	Main Course	Cheese & Tomato Pizza, Chips, Peas and Coleslaw	Beef Spaghetti Bolognese Mixed Vegetables	Roast Chicken, Roast Potatoes, Seasonal Vegetables & Gravy	Keralan Chicken Curry Rice & Peas	Fish Fingers with Oven Chips, Peas & Baked Beans
		Vegetarian	Chef's Pasta Choice Peas and Coleslaw	Jacket Potato with Cheese, Beans or Tuna	Quorn Sausages, Roast Potatoes, Seasonal Vegetables & Gravy	Vegan Nuggets Potato Wedges & Peas	Cheese & Onion Slice with Oven Chips, Peas & Baked Beans
		Dessert	Shortbread Biscuit	Fruit Yoghurt	Flapjack	Toffee Apple Crumble with Custard	Jelly
Week 2	6 th November 27 th November 1 st December 22 nd January 19 th February 11 th March	Main Course	Meat Free Burger in a Bun with Chips, Baked Beans or Peas	Pork Sausages Mashed Potatoes, Carrots & Gravy	Roast Gammon, Roast Potatoes, Mixed Vegetables & Gravy	Spanish Chicken Rice & Seasonal Vegetables	Fish Fingers with Chips, Baked Beans & Garden Peas
		Vegetarian	Jacket Potato with Cheese, Beans or Tuna	Cheese & Onion Slice, Mashed Potatoes, Carrots & Gravy	Quorn Sausage with Potatoes & Mixed Vegetables	Cheese or Tuna Wrap with Herby Chips	Quorn Hotdog with Chips, Baked Beans & Garden Peas
		Dessert	Shortbread with Fresh Fruit Slices	Fruit Yoghurt	Raspberry Ripple Vanilla Ice Cream Sponge Roll	Chocolate Pear Sponge with Custard	Butterscotch Tart
Week 3	13 th November 4 th December 8 th January 29 th January 26 th February 18 th March	Main Course	French Bread Pizza with Potato Crispers & Peas	Beef Burger in a Bun, Chips & Sweetcorn	Roast Chicken with Roast Potatoes, Carrots, & Gravy	Mac N Cheese & Peas	Harry Ramsden's Junior Battered Fish with Oven Chips, Peas & Baked Beans
		Vegetarian	Quorn Dog Potato Crispers & Peas	Cheese or Tuna Wrap with Herby Chips	Quorn Sausages, Roast Potatoes, Carrots & Gravy	Jacket Potato with Cheese, Beans or Tuna	Vegan Nuggets with Oven Chips, Peas & Baked Beans
		Dessert	Fruit Yoghurt	Apple Sponge with Custard	Vanilla Ice Cream	Peaches with Custard	Chocolate Cookie